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## *Erasmus + and Specific Needs*

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### ***Did you know that...***

According to 2014 European Union statistics, only 0.15% of Erasmus participants have disabilities?

### ***Why is that?***

Entering a mobility programme abroad for a period is not always easy, especially if it is the first time you have been outside the family environment or the first time you are studying or living with other students you do not know. It is even more difficult for students with specific educational needs (SEN) as in addition to all this we combine the issues of lack of information on support, accessibility of universities, issues related to autonomy and the stereotypes in relation to SEN.

***In an attempt to make mobility more inclusive, we hope that this document will help you to make the decision to participate in the Erasmus+ programme in a more informed way. Reading this document does not invalidate the importance of being present at the clarification sessions held by the Service of International Relations, every year.***

### ***Extra Financial Support***

If you are taking part in an Erasmus+ mobility programme (studies and/or internship), there is the possibility of benefiting from financial support for "participants with fewer opportunities" in accordance with [Erasmus+ 2021-2027 - Support for Inclusion\\_KA1\\_ Higher Education](#).

#### **1. Socio-economic obstacles**

Students who have been awarded funding under the Erasmus+ Programme and who are recipients of a grant from Iscte's Social Service (SAS) will benefit from a monthly supplement for the approved mobility period.

Long-term mobilities (2 to 12 months) add 250€/per month

Short-term mobilities (5 to 14 days) add a supplement of 100€

Short-term mobilities (15 to 30 days) add a supplement of €150.

This supplement will be allocated by the International Relations Service, based on information from the Iscte Social Service (SAS) and approval of the Erasmus Contract between the parties.

## **2. Students with special needs**

Complementary financial support will be awarded, based on proven real costs, in order to support the additional costs incurred by students with specific needs. Specific needs are physical or mental health conditions that may generate additional costs for the participant during their stay in the host country. In order to benefit from this financial support, the student must complete the [Erasmus Application Form - SEN](#) and provide objective evidence attesting to the type and/or degree of need (physical, mental or physical).

### **a) How do I apply?**

You should go to the Iscte International Relations Service (SRI) where you will need to fill out a specific form and gather all the necessary documents indicated in the [Criteria for assignment](#). There they will help you fill out this form and estimate the additional costs for mobility derived from your SEN.

These documents are subsequently sent by the SRI to the National Agency where decision will be made on the allocation of the scholarship.

Up to 30 days after you have returned you must deliver in URI the original supporting documents proving the actual expenses incurred (invoices, etc.).

The application must be submitted up to 60 days before mobility, with the deadline of 31 May of each school year.

On the [SRI](#) page you can access all the information about the [mobility process step by step](#).

### **b) How do I choose the Host Institution?**

All higher education institutions involved in the Erasmus+ programme have signed the Erasmus Charter for Higher Education pledging to ensure equal access and opportunity for all participants. Iscte collaborates with several European Universities, providing for the exchange of students and professors. You can access the partnerships on the SRI page

mentioned above. Before you apply, you should find out about the universities you would like to go to. In the selection of universities you should look for those that correspond to your school, area of study and degree. If in a first phase the choice may fall only on your preference it is very important that, through detailed consultation of the official websites of the respective universities, you will ensure that the selected university is even the most suitable for you and has all the conditions you need in supporting your SEN. SRI can also help you in the contact with the institution.

These are the Erasmus+ programme countries:

[Alemanha](#), [Áustria](#), [Bélgica](#), [Bulgária](#), [Chipre](#), [Croácia](#), [Dinamarca](#), [Espanha](#), [Eslovénia](#), [Eslováquia](#), [Estónia](#), [França](#), [Finlândia](#), [Grécia](#), [Hungria](#), [Irlanda](#), [Itália](#), [Letónia](#), [Lituânia](#), [Luxemburgo](#), [Malta](#), [Países Baixos](#), [Polónia](#), [Portugal](#), [República Checa](#), [Roménia](#), [Reino Unido e Suécia](#). [Antiga República Jugoslava da Macedónia](#), [Islândia](#), [Listenstaine](#), [Noruega](#), [Sérvia e Turquia](#) (out of the European Union).

Here you can access some sites where you can get some information about universities and accessibility:

[MappED!](#) is an online tool developed by the Erasmus Student Network (ESN) and maps the accessibility of higher education institutions (HEIs) and their services so you can make an informed choice of your mobility destination. In this interactive map you can find more than 350 HEIs and check for aspects such as the accessibility of buildings, whether or not they have services for SEN students and their contacts. You can also have access to some videos with testimonials.

[Link Network](#) has a lot of information for those who want to have international mobility for one of these five countries: Ireland, Belgium, Sweden, The Netherlands and Austria. It also has a [forum](#) where you can "talk" to local professionals or students who have already had the Erasmus experience and can give you important information to schedule your stay

[The European Agency for Special Educational Needs and Inclusive Education](#) also provides a list of links, information and contact points for EU/EEA countries that may be useful to you.

### **Other important sites:**

[National Agency - Erasmus +](#)

[European Commission](#)

[Exchange Ability](#)

**Documents to be consulted:**

[ERASMUS + ISCTE-IUL standards](#)

[ISCTE-IUL Erasmus + Erasmus + candidate guide](#)

**Iscte contacts:**

**URI - Mobilidade Outgoing**

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Monday to Friday: 10:30 - 12:30 | 14:30 - 16:30

**GNEE – Apoio a Alunos Com Necessidades Educativas Especiais**

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